

FIRST AID POLICY

At Blush Aerial & Pole Fitness we have implemented the below new first aid policy to stop the spread of Covid-19.

We require all students, instructors and other visitors to the studio to abide by the below guidance at all times. Failure to do so may result in removal from the studio with any future attendance suspended without a refund.



- All Instructors have up to date First Aid Certificates.
- A First Aid Box is allocated to each area at the studio.
- If a circumstance arises where first aid must be given, this will be administered in the first aspect by the Instructor who is present. If a second instructor is present, they will continue to oversee the care of the remaining students/class participants.
- If CPR is necessary, compressions only are to be given.
- A face mask and gloves are to be worn when administering all First Aid.
- If the participant has suffered a pull/sprain/strain/minor cut an ice pack or plaster can be accessed by the student whilst remaining socially distant.
- First Aid records are recorded as normal in the accident report book.